

The Inner Bermuda Triangle: Desire, Ego, Myth, and the Loss of Direction

Human suffering rarely begins with a single wrong action.

It begins with a **loss of direction**.

In the outer world, the Bermuda Triangle became a symbol of disorientation—where ships lost navigation, instruments failed, and control slowly slipped away without visible force. In the inner world, a similar triangle exists, far more influential and far more dangerous: **Desire, Ego, and Myth**.

This work introduces the concept of the **Inner Bermuda Triangle** not as metaphorical drama, but as a **practical diagnostic model** of human behavior, failure, addiction, despair, and loss of meaning. The forces involved are not external enemies. They are internal attractions—subtle, persuasive, and often disguised as reasoning, logic, or belief.

The most important insight explored here is this:

the moment a person starts arguing in favor of what they already know is harmful, they have begun drifting into the triangle. At that point, intelligence no longer serves truth; it serves attraction. Logic becomes justification, belief becomes refuge, and responsibility quietly shifts away from the self.

Desire pulls attention toward pleasure or escape.

Ego defends identity and self-image.

Myth transfers responsibility to fate, luck, planets, or external authorities.

Together, they create a psychological gravity—not a physical force, but a **symbolic gravitational pull** that bends awareness, weakens will, and replaces choice with compulsion. The person feels “carried,” “trapped,” or “helpless,” while still believing they are thinking clearly.

This framework becomes especially critical during **failure**—in education, profession, relationships, or life goals. Failure itself is not destructive. What becomes destructive is the inner dialogue that follows: self-blame, justification, comparison, or surrender to fatalistic explanations. When inner argument replaces understanding, growth stops. When growth stops, despair deepens.

The discussions in this section emphasize a clear and humane correction:

coming out of the Inner Bermuda Triangle is possible only through one’s own understanding and conscious will. Not will driven by ego, fear, or moral pressure, but will that arises naturally when argument ends and observation begins. External advice may support, but it cannot substitute inner clarity.

Equally important is what this work does **not** promote. It does not ask the reader to suppress desire, destroy ego, or reject belief systems violently. Suppression creates rebound. Rejection creates conflict. Instead, it invites **seeing**—seeing how attraction operates, how responsibility is outsourced, and how inner navigation quietly disappears.

When argument stops, awareness returns.

When awareness returns, acceptance grows.

When acceptance grows, happiness begins to express itself in practical life—not as excitement, but as steadiness.

This preface sets the foundation for a deeper exploration of:

- how reasoning becomes dangerous when it defends desire,
- how myths—especially those authenticated for profit—weaken human agency,
- how failure can be transformed into learning,
- and how restoring inner navigation can even help prevent extreme outcomes such as despair and suicidal tendencies.

The Inner Bermuda Triangle does not destroy lives.

Unconscious attraction does.

Understanding restores direction.

May this section help the reader recognize early warning signs, reclaim responsibility gently, and rediscover the quiet inner voice that always knows the way—when we stop arguing with it.

EARTHBODYMAP